



Illinois Academy
of Nutrition
and Dietetics

an affiliate of the
egri right Academy of Nutrition and Dietetics

2026 ANNUAL SPRING ASSEMBLY

PROGRAM AGENDA

**DAY 1 - FRIDAY,
MARCH 20TH**

5 CPEU

(PENDING CDR APPROVAL)

** Supported by
Pediatric DPG

11:30 AM

Registration | Vendors | Posters

12:00 PM

Event Start

12:05 PM

Sylvia Klinger, DBA, MS, RDN - *Advancing Health Outcomes through Culture-Centered Nutrition*

1:05 PM

Golda Ewalt, MS, RD, LD, CEC - *Cooking Demo - Exploring the World of Tinned Seafood: Beyond the Sardine*

1:55 PM

Break | Vendors | Posters | Snack

2:10 PM **

Melissa Bernstein PhD, RDN, LD, FAND, DipACLM, FACLM, FNAP & Meryl Fury, MS, RN - *Artichokes - Zucchini: Solutions for "I Don't Eat Vegetables"*

3:15 PM

Deanne Brandstetter, MBA, RDN, CDN, FAND, AND President - *Academy in Action*

4:20 PM

Break | Vendors | Posters

4:35 PM **

Lauren Spain, PhD, RDN, LD, CDCES, FAND - *From Breast Milk to Benchtop: Exploring the Clinical Promise of Human Milk Oligosaccharides*

5:40 PM

Wylecia Wiggs Harris, PhD, CAE, AND CEO - *Courageous Leadership*

6:15 PM

Awards Presentation

6:45 PM

Appetizer Reception | Networking
Vendors | Posters