



# 2026 Spring Assembly Poster Submissions

Illinois Academy of Nutrition and Dietetics

Key Deadlines:	
Poster Abstract Submission	Saturday, Jan 31, 2026 @ 11:59pm CST
Notification of Abstract Acceptance	Saturday, Feb 14, 2026 @ 11:59pm CST
Confirmation of Intent to Present	Saturday, Feb 21, 2026 @ 11:59pm CST
Recording (audio) of Poster Presentation	Saturday, March 7, 2026 @ 11:59pm CST
Receipt of Poster to Venue	Friday, March 20, 2026 @ 11:00am CST

## **Abstract Information:**

Abstracts are accepted for research studies or programs related to dietetic practice. Abstracts should include the following:

- Exact title
- Authors, credentials, affiliations (exclude in blinded copy)
- Rationale and purpose of the program or research
- Methods used, study design, participants
- Major findings or evaluation of program
- Implications for dietetic practice

## **Submission Instructions:**

Two copies of the abstract (Blinded & Non-Blinded) should be submitted electronically as a "Word" document via the online Poster Presentation form on the <u>IAND website</u>. The abstracts should be a brief (300-word limit) description of the concepts of the research study or program including relevance to dietetic practice or research.

<sup>\*</sup>The complete name and email address of the primary author should be included in the online submission form for correspondence regarding the poster presentation.

## First Copy: Blinded

The blinded copy of the abstract should have an electronic file name starting with "bl." and include one or two key words from the title. For example if the title of the abstract is "Motivational Interviewing in Teens with Diabetes", the electronic file name could be: "bl.MotivationalInterview.doc". The document that corresponds to this should have all identifying information of authors, program, or project removed so that the abstracts can be reviewed in a blinded fashion.

## Second Copy: Non-Blinded

The non-blinded copy of the abstract should include the same key words from the title in the electronic file name without the "bl" preface. The document that corresponds should include the authors' names, credentials, professional affiliation, complete title, and abstract. This information will be used on the IAND website if accepted. For example, the electronic file name for the non-blinded abstract document for the example above should be: "MotivationalInterview.doc".

#### **Submission Review Criteria:**

- 1. Relevance: Clear purpose of project/program, appropriateness, timeliness, audience intrigue.
- 2. Priority: Recognized precedent; cutting edge concern.
- 3. Originality: Uniqueness of topic or format.
- 4. Synthesis: Evaluation and summary of report findings or applications.
- 5. Methodology: Clear research design with potential application for future research.

The primary contributor will be asked to record a 5 minute video (maximum) of their poster presentation. This recorded video will be completed via PowerPoint (Instructions will be provided). Recorded poster presentations will be available on the IAND website. Please see <u>samples of previous submissions</u>.

Prior to Spring Assembly, poster submissions will be evaluated by the CPI committee with the highest scoring poster being awarded \$100 at the Awards Presentation on Friday, March 20th, 2026.

# **Additional Notes:**

This is a career development opportunity and a chance to share your work with state-level professionals that may be particularly helpful to graduate students or beginning investigators. Please share this with colleagues who might be interested. The names, professional affiliation (employer or school program), and title of poster will be featured on the IAND website.