

eat
right. Academy of Nutrition
and Dietetics

Your Academy
in Action!



Today's Presenter



Lauri Wright, PhD, RDN, LDN, FAND

Academy President 2023-24

Tampa, Florida

eat
right.

A BIT ABOUT ME

BS – Ohio State University

MS/DI – Cleveland VA/Case Western Reserve University

20 years in the VA – Clinical Dietitian, Internship Director

PhD – University of South Florida

USF – Director of Nutrition Programs

Academy – President, Spokesperson

DIETETICS IS A BOOMING FIELD

Best Health Care Jobs

We're always striving for better health, and the people who hold some of the jobs on our 2021 Best Health Care Jobs list can help you breathe, eat, walk, speak, hear, move and see better. They can also help patients prevent disease, illness and injury, as well as diagnose, fight and treat illness. Many of the highest-paying jobs are among the Best Health Care Jobs. Dentist, physician assistant, orthodontist and nurse practitioner are among the jobs on this list. For more information on how we rank, read the [Best Jobs Methodology](#).



SUMMARY ▾



1 Job

SORT BY: Best Match ▾

Find a Job

Rankings



Dietitian and Nutritionist

🏆 #24 in Best Health Care Jobs

Dietitians and nutritionists help clients with almost every aspect of their diet, assisting with food choice, meal plans, lifestyle and nutritional goals. [READ MORE »](#)

PROJECTED JOBS
5,900

MEDIAN SALARY
\$61,270

EDUCATION NEEDED
Bachelor's

WE ARE EVERYWHERE



ENORMOUS OPPORTUNITIES
NATIONALLY AND INTERNATIONALLY
ACADEMY SUPPORTS YOU

PAY IS INCREASING

**ON AVERAGE:
THE MEDIAN WAGE FOR
RDNs AND NDTRs
INCREASED**

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Compensation & Benefits Survey

OF THE DIETETICS PROFESSION



2021

FREE TO MEMBERS: [EATRIGHTPRO.ORG](https://eatrightpro.org)

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SURVEY SAYS...

MEDIAN ANNUALIZED WAGES

RDNs:

\$70,000+

NDTRs:

\$48,000+

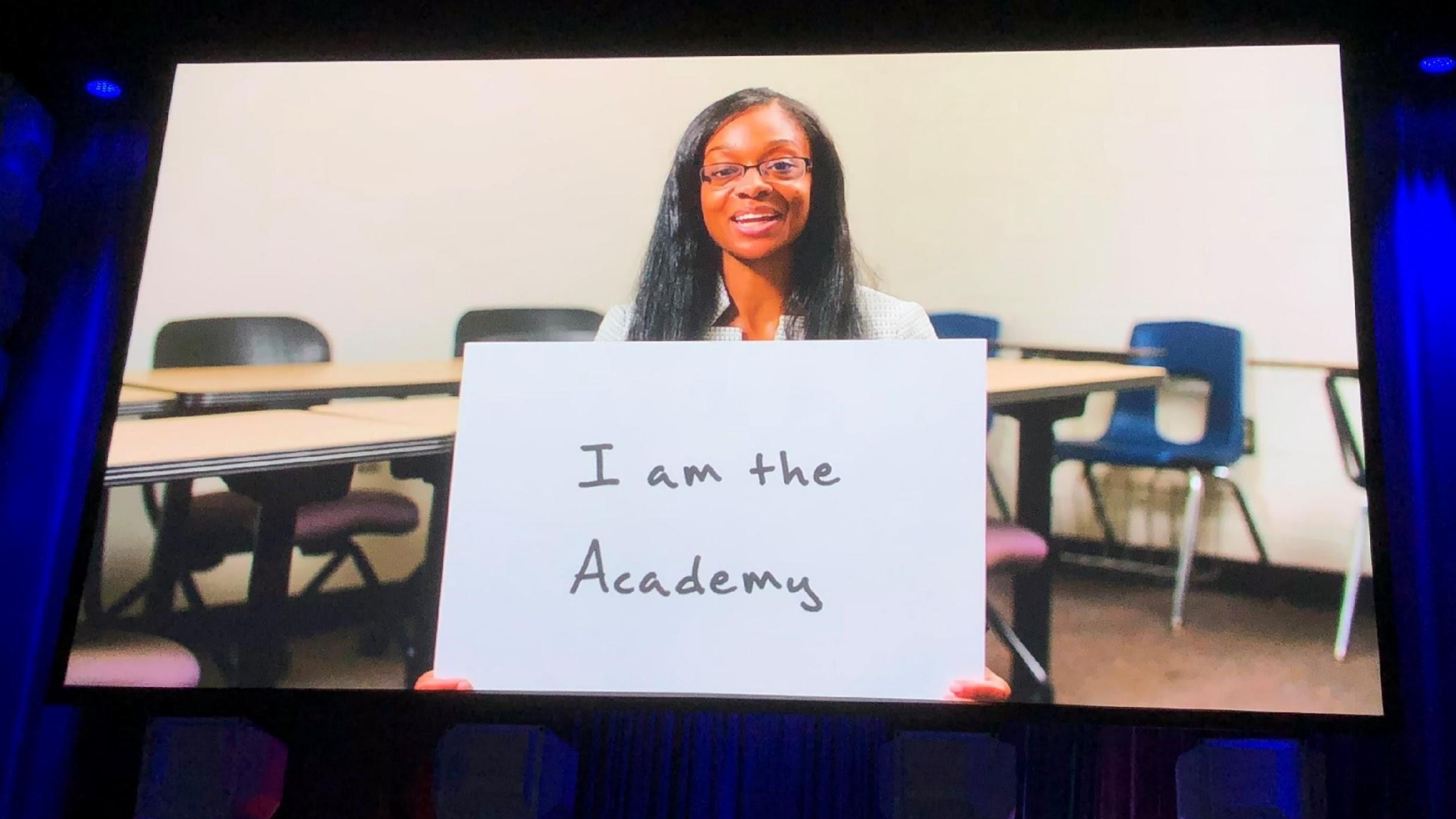
PLUS

**SALARY CALCULATION
WORKSHEET**



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About Our Academy

A woman with long dark hair and glasses is smiling and holding a white sign. The sign has the text "I am the Academy" written in a cursive font. The background shows a classroom with several desks and chairs. The scene is lit with blue stage lights.

I am the
Academy

Quick Facts

Founded	Headquarters	Policy Office	Nonprofit Status
1917	120 South Riverside Plaza Suite 2190 Chicago, IL 60606	1150 Connecticut Avenue, NW, Suite 615 Washington, DC 20036	501(c)(6)

Vision: A world where all people thrive through the transformative power of food and nutrition.

Mission: To accelerate improvements in global health and well-being through food and nutrition.

Nutrition and Dietetics Profession



115,000+ CREDENTIALLED PRACTITIONERS

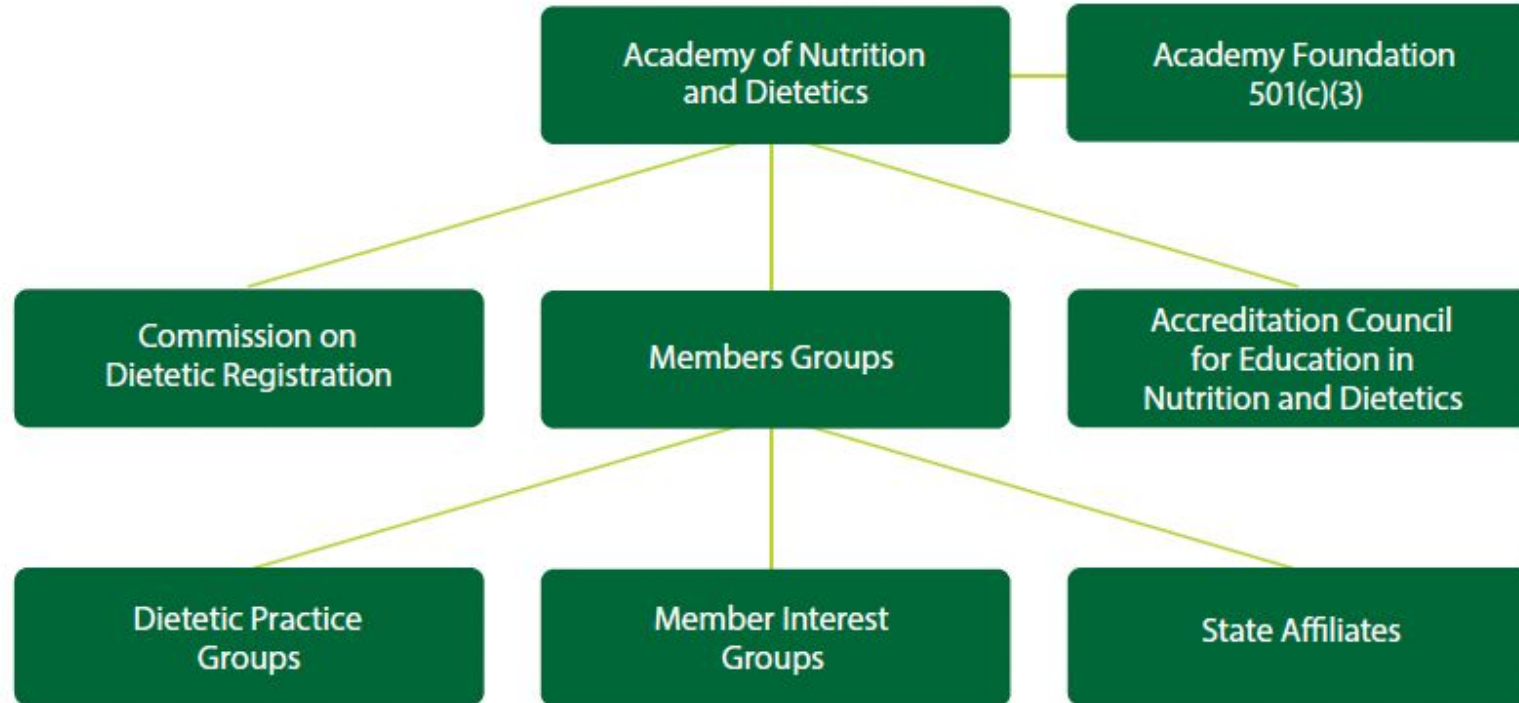


4,300 BOARD-CERTIFIED SPECIALISTS



16,100 NUTRITION AND DIETETICS STUDENTS

Academy Enterprise Structure



Academy Staff and New CEO

- Joined Academy on July 1, 2023
- 30+ years of experience
- CEO at American Health Information Management Association 2018 - 2023
- Co-created transformational strategy to enhance impact, relevance and visibility of League of Women Voters U.S. and 700+ affiliate units
- Named by Modern Healthcare as a 2021 Top Diversity Leader, 2022 Top Women Leader



Academy Membership

Member Benefits

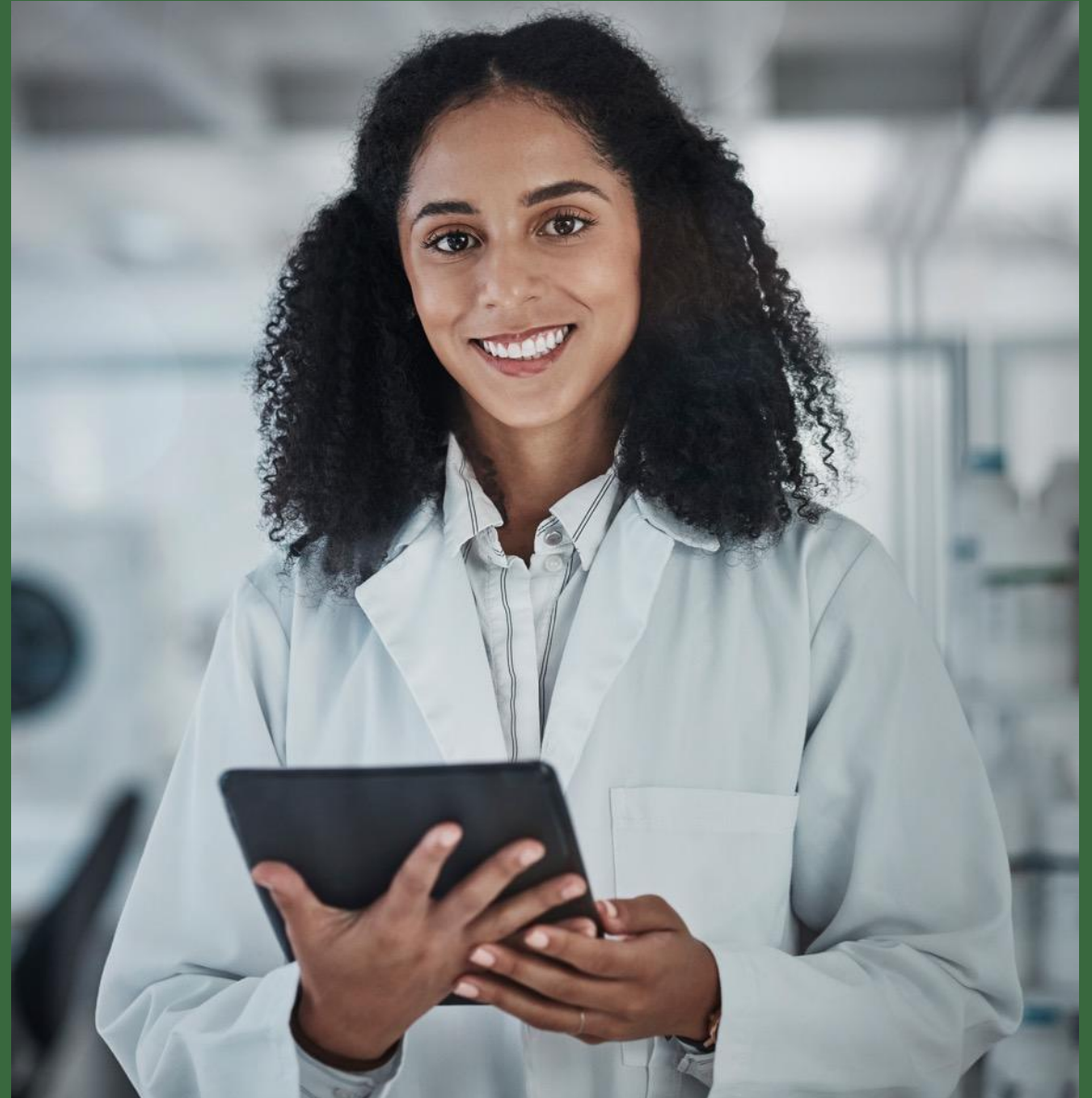
- Stay Up-to-date
- Make Connections
- Develop Your Skills
- Get Paid for Your Expertise

Active Category Membership Information

- Special Pricing
- Career Starter Dues
- Dues Value and Savings Available
- How to Join Today

Stay Informed and Up-to-date

- Complimentary online subscription to the *Journal* which includes immediate access to new studies and articles, keyword searches and links to additional resources
- Complimentary access to the Evidence Analysis Library
- Member-only login to eatrightPRO professional website and all the exclusive information posted
- Subscriptions to the Academy's weekly e-newsletter, *Eat Right Weekly*



Connect and Network

- Affiliate Membership (included with your Academy membership) representing 50 states, District of Columbia, Puerto Rico and the International Affiliate of the Academy of Nutrition and Dietetics
- Dietetic Practice Group membership giving you the opportunity to explore your interests, expand your knowledge and establish connections with your peers and experts in more than 25 practice areas
- Member Interest Group Membership to develop relationships with members with common interests, issues or backgrounds
- Explore different levels of volunteering at a local affiliate level, or through national committees to expand your network and make positive change from the inside



Food & Nutrition Conference & Expo[®]

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FNCE[®] 2024

Food & Nutrition Conference & Expo[®]

Minneapolis, MN | October 5-8



Develop Your Skills

- Free and discounted CPE through the *Journal* and eatrightSTORE.org, including Certificate of Training programs, the Nutrition Focused Physical Exam, webinars and FNCE recordings
- In person learning opportunities at FNCE, the Leadership Institute and Affiliate Meetings
- Additional savings on specialty information, including CPE opportunities through dietetic practice group (DPG) and member interest group (MIG) membership



Payment and Reimbursement

- Explore coding and billing, payment and reimbursement resources on eatrightPRO.org
- Familiarize yourself with different payment models, stay up-to-date with referral requirements and learn more about setting fees
- Check out the *RDNs Complete Guide to Credentialing & Billing*
- Search eatrightSTORE.org for webinars, publications and other resources focused on increasing your salary for free or discounted price for members
- Utilize the Compensation and Benefits Survey, the online Salary Calculator and the Eatright Careers job board for more information



Active Category Membership

Special offer for *This Year – Next Year* membership

Join any time after February 1 at a special dues rate for membership valid through May 31, 2025. Use promo “PRE25” to waive the \$25 reinstatement fee

Active Membership

The Active category is the Academy’s largest membership category. Active members can enjoy all the benefits the Academy has to offer, including career, professional and continuing education resources. The Academy’s main, professional membership category encompasses:

- Individuals who have completed an ACEND-accredited dietetics program
- Individuals with advanced degrees in an approved area of concentration
- RDs/RDNs and DTRs/NDTRs

Promotion pricing valid between 2/1/2024 – 5/1/2024

Career Starter Dues Program

Reduced dues rates available in your first five years of Active category membership eligibility based on your RDN or NDTR exam eligibly date year on file with CDR. Members are automatically enrolled in the program.

You’re Eligible for Career Starter Dues!



The Academy provides members with resources and opportunities you can’t get anywhere else.

Join the Academy today so you can take advantage and save money at a time in your career when staying up-to-date is more important than ever.

Year One Active	\$70
Year Two Active	\$106
Year Three Active	\$140
Year Four Active	\$176
Year Five Active	\$211
Active Membership Dues	\$234

Pricing valid starting 5/1/2024 with special promotion rates starting 2/1/2024

Additional Savings Available...



Talk to Your Employer About Paying Your Academy Dues

You know that Academy membership unlocks your potential. Help your employer see that the advantages gained from paying for your membership add up to a winning investment and employers paying for multiple memberships at one time may be eligible for savings. Here are some tips you can use to encourage your employer to see the value in paying your membership dues.

How can Academy member benefits make you a more valuable employee?

Mention any benefits that can improve your job performance and the quality of your workplace.

- > I won't have to spend work time searching for food, nutrition and health news. I have the best information available to me online through Eat Right Weekly and the *Journal of the Academy of Nutrition and Dietetics*.
- > I can earn required continuing professional education (CPE) units for free from the Academy's CPE On-Demand program, which provides members access to science-based topics and quizzes without ever leaving the office.
- > I can get fast, accurate answers to tough research questions from staff RDs in the Academy's Nutrition Information Services. I'll spend a lot less time searching for information on my own.
- > I have the opportunity to join Dietetic Practice Groups that connect me with other members within my areas of practice, enabling me to improve my job performance and gain insights into specialized areas of food and nutrition.
- > I can attend the annual Food & Nutrition Conference & Expo™ (FNCE™) at a great discount and gain connections, valuable knowledge and tons of CPE opportunities.
- > I can purchase products, publications and client education materials at a member discount.
- > Competencies, Case Studies and Practice Tips are tools we can use to improve our practice and continue to provide quality care by providing resources and asking critical, thought-provoking questions.
- > I can join Member Interest Groups that connect me with other members that share common interests, issues or backgrounds, enabling me to stay informed on important social and cultural topics that affect health professions.
- > I have access to the best scientific and evidence-based nutrition information 24 hours a day with the Academy's online Evidence Analysis Library™, which keeps our company on the leading edge of dietetics practice with reliable research from experts in the field.
- > I can take advantage of a discounted subscription to the Electronic Nutrition Care Process Terminology (eNCPT), which provides a framework for me to individualize care, taking into account the patient/client's needs and values and using the best evidence available.
- > The Find a Nutrition Expert online referral service expands our client base, helping achieve our mission of promoting health and wellness in the community.
- > We can personalize and print the Academy's Eat Right Nutrition Tips client educational handouts for our office.

How much can a \$234 investment in Academy membership save your employer this year?

These four benefits alone are valued at over \$2,000:

> Subscription to the <i>Journal</i>	\$459
> Annual value of CPE units offered in the <i>Journal</i>	\$1,080
> Subscription to the Evidence Analysis Library*	\$250
> Listing in Find a Nutrition Expert	\$249

Divide the annual cost of membership into a daily cost and then compare it favorably to something inexpensive, like a cup of coffee.

Total:	\$2,038
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Example: Academy dues only cost 60 cents per day, much less than a cup of coffee.*

Looking for additional savings? Employers paying for multiple memberships may be eligible for savings!

Membership Savings increase depending on the number of memberships paid on one invoice.

> 3 - 4 Academy Members	Save 5%
> 5 - 10 Academy Members	Save 10%
> 11 - 15 Academy Members	Save 15%
> 16 - 25 Academy Members	Save 20%
> 26 or more Academy members	Save 25%

Employers paying for multiple memberships at one time may be eligible for savings. Email membership@eatright.org to get started.

Example: Pay for 10 Active members on a single invoice and save \$230, pay for 11 Active members, and save \$385, etc. More members = more savings!

Visit www.eatrightPRO.org/memberbenefits for more information on the Academy's many additional programs, products and services.



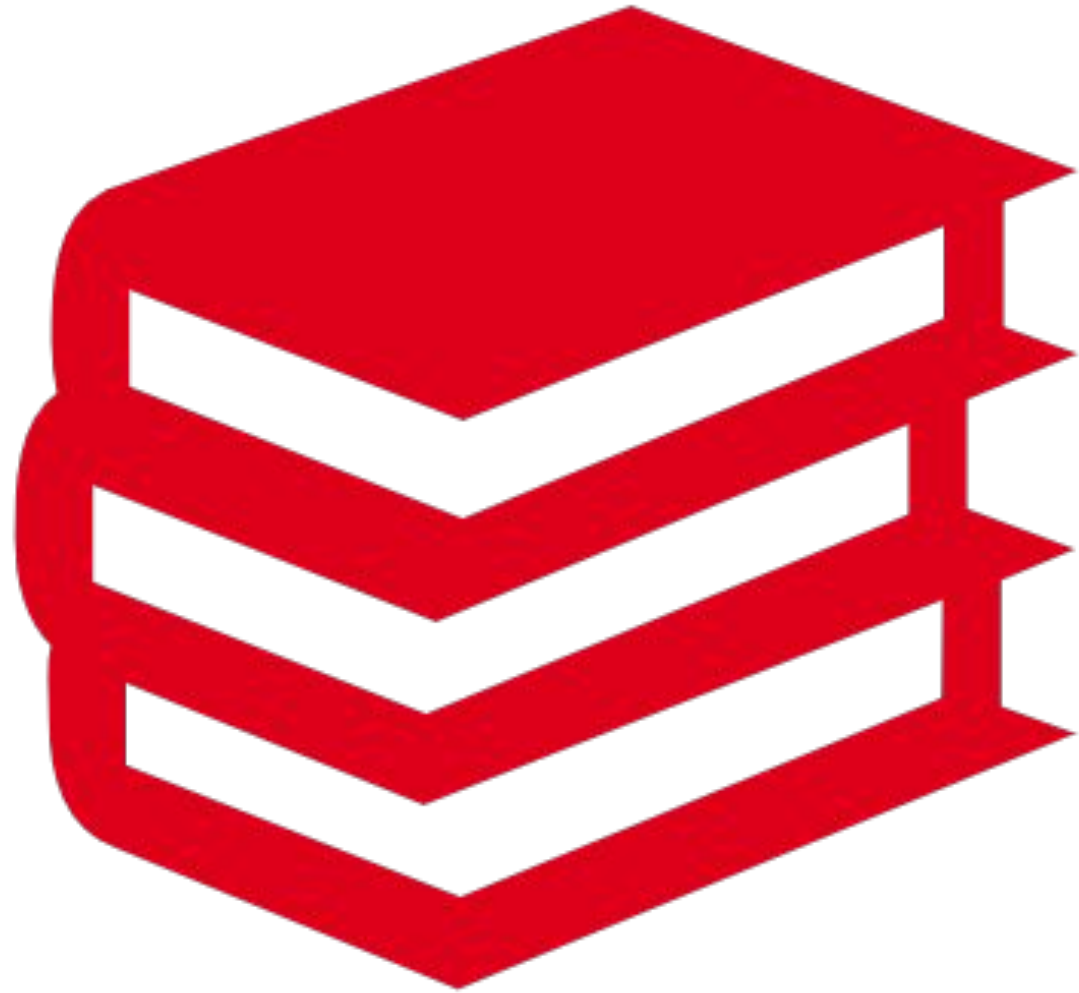
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Advocacy and Public Policy

eatrightPRO.org/advocacy

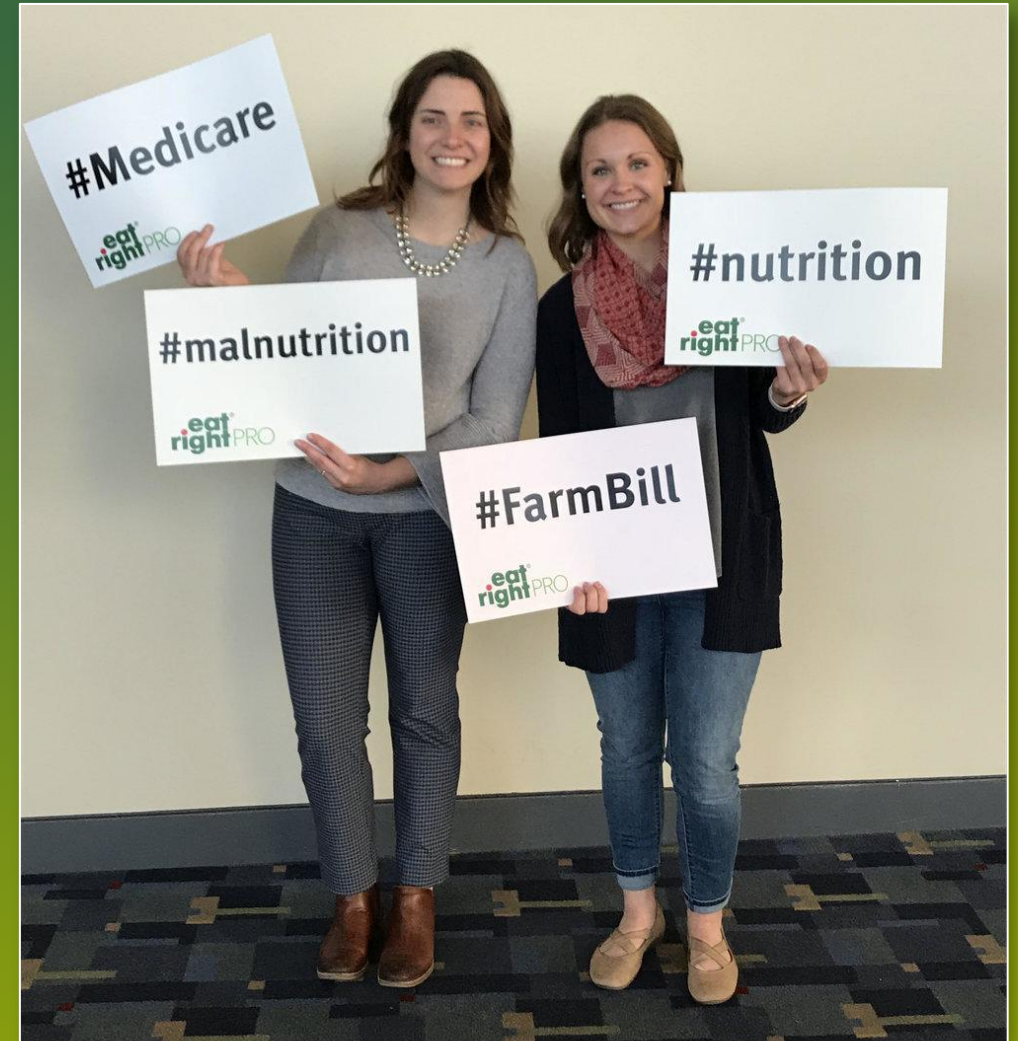
POLICY PRIORITIES

- Medical Nutrition Therapy Act
- Licensure and Interstate Licensure Compact
- Farm Bill Advocacy
- Insurance reimbursement



YOUR ROLE AS AN ADVOCATE

MEMBERS OF ACADEMY'S NUTRITION SECURITY AFFINITY GROUP



[EATRIGHTPRO.ORG/ADVOCACY](https://eatrightpro.org/advocacy)



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Foundation

Academy Foundation

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Academy Foundation



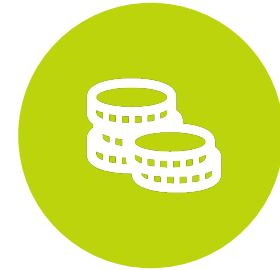
SCHOLARSHIPS



FELLOWSHIPS



DISASTER
RELIEF



RESEARCH
FUNDING

Foundation Scholarships





WHY THE NEED?

- **HIGH DEMAND:
APPLICATIONS OUTNUMBER
AWARDED SCHOLARSHIPS
3:1**
- **INCREASING COSTS AND
BARRIERS**
- **GOAL: RAISE \$1M TO GIVE \$1M
ANNUALLY**

MAKE IT A

M1LLION

SCHOLARSHIP CAMPAIGN

Fellowship Program

Current Fellows

2023-2024 Grace L. Ostenso Nutrition in Public Policy Fellow:

Laura Bain, MBA, RDN



Project: Grace L. Ostenso Nutrition and Public Policy fellowship in partnership with the American Association for the Advancement of Science's Congressional Science and Engineering Fellows Program

Funded by: The [estate of Dr. Grace L. Ostenso](#) and Helen and Ed Hintz

Laura Bain, MBA, RDN is a doctoral student in Nutritional Science at Kansas State University. Laura's doctoral research analyzed prison menus and surveyed corrections dietitians to assess the state of corrections menus. Her experience includes food and clinical nutrition services in corrections and school nutrition. She worked in the Georgia and Utah prison systems as part of the medical and food service management teams providing nutrition support and over 150,000 daily meals. She holds a Bachelor of Science in Dietetics from Brigham Young University and an MBA from the University of Utah. Laura enjoys working with the Academy of Nutrition and Dietetics and serves as the Dietitians in Health Care Communities Corrections Sub-Unit Chair.

Communications and Dissemination Fellow:

Sherry Coleman Collins, MS, RDN, LD



Project: Academy Foundation Communications and Dissemination Fellowship

Funded by: Academy Foundation Nutrition Education for the Public Fund

Sherry Coleman Collins is a Marietta, GA based registered dietitian nutritionist with more than 15 years of experience in food allergies, pediatric clinical nutrition, school foodservice and nutrition communications. She is a sought-after speaker and freelance writer, and serves as an expert to the media, including in her current role as Georgia Academy of Nutrition and Dietetics' State Media Representative. Through her fellowship, Sherry is leading the creation of an updated research dissemination plan for Foundation-funded research and supporting the Foundation in increasing the visibility of the impact their programs have on credentialed nutrition and dietetics practitioners and students.

Sherry provides reliable and science-based information about food, nutrition and health, and food allergies for other healthcare professionals and consumers. A graduate of Georgia State University's undergraduate and coordinated masters and internship programs, Sherry wrote her first articles about nutrition for The Signal, the university newspaper. Since then, she has penned dozens of articles for print and online publications. She has been a podcast host and guest - and she's even enjoyed a few spots on local television. She maintains a consistent presence on social media at @DietitianSherry where she shares her love for cooking and shares nutrition and lifestyle tips.

With her expertise in food allergies, Sherry spearheaded the development of the Academy of Nutrition and Dietetics' Certificate of Training in Food Allergies and authored the Academy's Practice Paper on the Role of the RDN in Food Allergy Diagnosis and Management. She has completed the FARE Pediatric Food Allergy Certificate of Training. She is married to her favorite handyman, and is raising one video game-obsessed boy, a dog and six chickens.

Halal Research Fellow:

Nida Shaikh, PhD, RD



Project: Halal Research Fellowship: Food and Nutrition Security Among College Students

Funded by: Islamic Food and Nutrition Council of America

Dr. Nida Shaikh is an Assistant Professor in the Department of Nutrition at Georgia State University. She is a Registered Dietitian and holds a doctoral degree in Nutrition and Health


Sciences from Emory University, two masters degrees (MSc in Dietetics from University of Pune, India and MS in Nutrition from Georgia State University), and an undergraduate degree in Foods and Nutrition from S.N.D.T. Women's University, Mumbai, India.

Through her fellowship, she is working with the Academy's RISA team to lead research that is evaluating barriers to food security among Muslim college students; the impact of food and nutrition insecurity on health and well-being of Muslim college students; inventory of halal food options on campuses; and potential cost-effective solutions to reduce food and nutrition insecurity among Muslim college students.

Dr. Shaikh is the recipient of two NIH Fogarty Global Health Fellowships and completed her post-doctoral training in nutrition and chronic disease at Emory University. Her research interests focus on the intersection between nutrition, food insecurity and chronic diseases and in developing and evaluating dietary assessment instruments to assess shifts in diets following globalization and development. When she is not working, you can find her reading and doing jigsaw puzzles. She lives in Atlanta with her husband and son.

Research Funding





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Grants

Thank you for your interest in the Foundation's Grant Program. The Foundation proudly offers several annual research grants in an effort to stimulate innovation and discovery within the profession. Please refer to the table below for information on the focus of each of our named research grants. The Foundation's ability to provide research grants is determined by investment activity and fundraising efforts.

How to Apply
The Foundation accepts applications for most research grant funding on an annual basis. Any person may apply for Foundation grants and will be given fair and protected-class-neutral consideration for an award. The ability to provide research grants is dependent on fundraising efforts and investment activity. The Foundation is currently accepting applications for most named Research Grants within the Foundation's external, online application platform, linked below. **The deadline to apply for these grants is 5:00 pm. (Central Time) on Tuesday, February 20, 2024.** Applications for the Foundation's Commission on Dietetic Registration Emerging Researcher and Student-Faculty Collaborative Research Grants are currently under review. The Foundation expects to send notifications for these grants between mid-December 2023 and early January 2024. Please contact Elisha Reichling, MS, RD, LDN, Foundation Program Manager, at grants@eatright.org with questions.

2023 Recipient List
Online Application Platform

Allene Vaden Memorial Grant for Foodservice Management Research Grant amount: \$5,000	This grant is given to encourage young academics to enhance and stimulate research in foodservice management.
Amy Joye Memorial Research Award Grant amount: \$5,000	Applicants are required to work with a mentor whose projects involve human research and focus on: Dietary assessment methodology to investigate/enhance accuracy of dietary reports*, Obesity prevention/weight control, or Fruit/Vegetable gardens. *Accuracy of dietary reports requires validation or comparison of dietary reports by study participants to actual dietary intake. Such validation does not simply compare two self-report methods by study participants because with that study design, actual dietary intake is unknown. Instead, validation requires comparison of dietary reports by study participants to a method that does not rely on another self-report method by study participants.
Ann A. Hertzler Memorial Research Grant Grant amount: \$15,000	2024 Topic: Proposals should investigate ambulatory RDN staffing ratios to support medical nutrition therapy and other nutrition services.
Colgate Palmolive Fellowship in Nutrition, Oral Health/ Dental Education Grant amount: \$15,000	This grant is given to support research in nutrition and oral health or dental education by doctoral students seeking a doctorate in nutrition and oral health or dental education, Masters thesis research on nutrition and oral health/disease or RDNs with advanced degrees doing research in the area of nutrition and oral health. Non-US residents may apply.
Commission on Dietetic Registration Emerging Researcher Grant Grant amount: \$10,000	This grant supports researchers with limited to no track records of extramural funding from competitive research grants and/or no first-authored, peer-reviewed research publications to conduct research that aligns with CDR's Strategic Plan.
Commission on Dietetic Registration Student-Faculty Collaborative Research Grant Grant amount: \$5,000	This grant supports faculty members or program directors of ACEND-accredited educational programs who oversee ongoing research within their programs that relates to CDR's Strategic Plan and engages nutrition and dietetics students who are completing their eligibility requirements to take the registration examination for dietitians.
Diabetes (DDPG) DPG Karen Goldstein Memorial Grant for Diabetes MNT Application Grant amount: \$20,000. Available every other year.	This grant is given to provide financial support to a Diabetes DPG member for outcomes research in diabetes medical nutrition therapy.
Jean Hankin Nutritional Epidemiology Research Grant Grant amount: \$20,000	This grant is given to provide financial support to a doctoral student working on a dissertation in the area of nutritional epidemiology.
Julie O'Sullivan Maillet Research Grant Grant amount: \$1,000	This grant is given for a research project that aims to demonstrate the value of dietetics professionals on the health of the public or demonstrate the evolving role of dietetics professionals in the profession.
McCormick Science Institute Research Grant Grant amount: \$10,000	The purpose of the McCormick Science Institute Research Grant is to fund research that explores the potential health benefits of whole culinary herbs and spices; extracts are not allowed.
Molly Kellogg Grant for Advancement in Nutrition Counseling Grant amount: \$3,000	This grant is given to advance counseling skills excellence in the dietetic profession by providing financial support to RDs and DTRs to pursue research in the nutrition counseling process.
Vegetarian Nutrition Dietetic Practice Group Research Grant Grant amount: \$10,000	This grant is given for innovative research relating to vegetarian nutrition to an individual who is an RDN, DTR or Dietetic Student member of the Academy. Preference will be given to members of the Vegetarian Nutrition Dietetic Practice Group.

The background consists of a dense field of vertical lines of varying heights and colors, including shades of green, purple, and white, set against a solid black background. The lines are scattered across the entire frame, creating a textured, digital-like effect.

We are the Food & Nutrition Family!!

